

Screenagers Film Series



for K-12 WDP Parents/Guardians and the De Pere Community



2024 - 2025 SCHOOL YEAR

**JOIN
US**

SCREENAGERS FILM SERIES

Join the West De Pere School District Library Team for one, two, or all three of the Screenagers films. A discussion will be held after each film is shown.

**OCT
21**

SCREENAGERS: GROWING UP IN THE DIGITAL AGE

⌵ 6:00PM | WDPHS AUDITORIUM

**JAN
15**

SCREENAGERS: ADDRESSING YOUTH MENTAL HEALTH

⌵ 6:00PM | WDPHS AUDITORIUM

**MARCH
03**

SCREENAGERS: UNDER THE INFLUENCE

⌵ 6:00PM | WDPHS AUDITORIUM

More Info?



tinyurl.com/wdpsscreenagers



FILM DESCRIPTIONS

Screenagers: Growing Up in the Digital Age (K-5 Version & 6-12 Version)

Screenagers is about the impact of the digital age on children and how to help them minimize harmful effects and find balance. After seeing the film, people tell us that they feel more confident and better equipped to establish balance around screen time. An award-winning film that probes into the vulnerable corners of family life and depicts messy struggles over social media, video games, and academics. The film offers solutions on how we can help our kids navigate the digital world.

Screenagers Next Chapter: Youth Mental Health in the Digital Age

Millions of young people experience high stress, anxiety, and depression. We follow physician and filmmaker Delaney Ruston as she discovers solutions for improved adolescent well-being in the digital age. In Screenagers NEXT CHAPTER, we follow Delaney as she finds herself at a loss on how to help her own teens as they struggle with their emotional wellbeing. She sets out to understand these challenges in our current screen-filled society, and how we, as parents and educators, can empower teens to overcome mental health challenges and build emotional agility, communication savvy, and stress resilience.

Screenagers Under the Influence: Vaping, Drugs, and Alcohol in the Digital Age

Join Screenagers' filmmaker, Delaney Ruston, as she picks up her camera once more to examine the impact of our digital age on teens' decision-making in relation to substances such as vaping, drugs, and alcohol. Screenagers Under the Influence delves into how the tech revolution has reshaped adolescence and its effects on substance use. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film includes ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

During each session, participants will watch the film and then discuss it.

For more information: visit <http://screenagersmovie.com>